

Understanding Bladder Cancer and the latest developments



This Education Day aims to provide nurses with up-to-date knowledge on bladder cancer treatments and the newest developments. Urology nurses and cancer nurses across the UK will have the opportunity to network and share their experiences and expertise. This event is also open to nurses who wish to extend their knowledge of bladder cancer and who may be working in other areas of urology or cancer care.

9.00 Registration and refreshments

9.30 Welcome and briefing on the day

Jeannie Rigby CEO – ABC UK

Introductions to ABC UK team:

Jackie O'Kelly & Di Cooke

ABC UK Patient Support

ABC UK Trustees and patients

9.50 LUTs assessment

The Bladder Before Treatment: Managing LUTs to Improve Intravesical Therapy Tolerance and Patient Experience

Mr Ameet Gupta

Consultant Urologist

Royal Wolverhampton NHS Trust

10.20 Emerging trials in bladder cancer: what do they mean for clinical practice?

To provide a practical overview of key ongoing and recent bladder cancer trials (including perioperative IO/ADC strategies and studies such as COBRA) and their potential impact on patient pathways.

To clarify how emerging treatments are reshaping the interface between urology and oncology, with a focus on implications for CNS roles and real-world delivery.

Dr Bernadett Szabados, MD

Assistant Professor in Urology

University of Cambridge

10.50 Refreshments

11.10 Best practice - effective & efficient pathway

We will have an evidence-based discussion around the processes, principles and practice required for an effective and efficient bladder cancer patient pathway.

Professor Param Mariappan

MBBS(Hons), FRCS(Urol), PhD, FEBU, CBU(Mal)

Consultant Urological Surgeon

Director, Edinburgh Bladder Cancer Surgery (EBCS)

The University of Edinburgh

Western General Hospital

11:40 Is radical cystectomy or radical chemo-radiation the treatment of choice for muscle-invasive bladder cancer in the modern era?

- Understand indications for whether radical cystectomy or radical chemoradiation is preferred treatment of choice in MIBC
- Understand how emerging data on neoadjuvant therapy may impact radical treatment decisions for patients.

Miss Niyati Lobo FRCS (Urol)

Consultant Urologist

Cambridge University Hospitals NHS Foundation Trust

Dr Anna Wilkins MB/B.Chir FRCR PhD

CRUK Clinician Scientist Fellow & Group Leader

Institute of Cancer Research

Honorary Consultant in Clinical Oncology

Royal Marsden Hospital

Visiting Scientist Francis Crick Institute

12.25 Lunch

13.10 Beyond survival: psychosexual wellbeing in women - living with and beyond bladder cancer

To explore the psychosexual impact of bladder cancer and its treatments on women, including changes in body image, intimacy and sexual function.

Paula Allchorne

Urology Lead Nurse, Barts Health

Psychosexual & Relationship Therapist (MBA, COSRT Cred)

13.30 The menopausal bladder

To have a better understanding of the role of oestrogen on the bladder and lower urinary tract.

Menopause considerations following radical cystectomy.

Ellie Stewart

Gynaecology Matron and CNS Urogynaecology

West Suffolk Hospital NHS Foundation Trust

14.00 4 difficult cases

7 Minute presentations / 10 Minute discussion per case.

Jessica Codling

Bladder Cancer - Clinical Nurse Specialist

Barts Health

Jenny Akins

Urology Advanced Nurse Practitioner

Royal Wolverhampton NHS Trust

ABC UK Trustee

Sally Allison

Urology Clinical Nurse Specialist

The Dudley Group NHS Foundation

Lizzy Rowland

Lead Urology Diagnostic Nurse

Surrey and Sussex Healthcare NHS Trust, BAUN Trustee

15.10 Refreshments

15:25 Living with bladder cancer – my journey so far

Understand the patient's experience from a patient perspective - and not making assumptions.

Jane Whittall

15.45 ABC UK Nurse of the Year Award

Winner summary

Award

Jeannie Rigby and Paula Allchorne

15.55 Summary and Conclusion

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A Nurses' Education Day
Friday 25 September 2026,
Central Birmingham

ABC UK Education Day
for Urology Nurses and
Clinical Nurse Specialists

ABC UK Patient Information Resources

ABC UK has a wide range of patient support materials – these include leaflets on different types of bladder cancer, a patient treatment decision aid, leaflets on living with a urostomy and many other aspects of living with bladder cancer.

You can order these on our website using the link below or contact us directly at:

Tel: 0300 302 0085

Email: info@actionbladdercanceruk.org



Scan the QR code here to order your resources or visit:
www.actionbladdercanceruk.org/order-materials/

An Action Bladder
Cancer UK event

Tel: 0300 302 0085

Email: info@actionbladdercanceruk.org

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www.actionbladdercanceruk.org



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